Section 1. Goals and Accomplishments

Goal 1: STUDENT SUPPORT. Provide financial and personal support to eligible recovering persons who are currently enrolled at Texas Tech University (TTU).

- The CSAR obtained $16,565 in new scholarship endowments designated for recovering students at TTU. In addition, the CSAR received $50,785 in contributions to existing scholarship endowments for recovering students at TTU.
- The CSAR provided $12,000 in scholarship awards for recovering students enrolled in graduate programs at TTU.

Goal 2: ACADEMIC EXCELLENCE. Maximize academic support services to achieve academic success above the all-student university average.

- CSAR students maintained a collective GPA of 3.32.

Goal 3: MAINTAINED STUDENT RECOVERY: Create an environment for quality, long-term recovery for the student population through the creation of a Collegiate Recovery Community.

- The CSAR continues to host daily recovery support group meetings on the campus of TTU. These meetings provide an important resource for TTU students, staff, and faculty, as well as recovering individuals from the local community.
- The CSAR added a support group for students with issues of self-harm. Additionally, the CSAR has begun on-campus meetings of Overeaters Anonymous and spiritual based recovery.
- The CSAR hosted its 5th Annual Family Weekend Event for families of students participating in the Collegiate Recovery Community.

Goal 4: INSTITUTIONAL ADVANCEMENT: Increase funding to support the Center for the Study of Addiction and Recovery and demonstrate responsible stewardship.

- The CSAR received financial gifts totaling $1,086,200.00 from private donors, foundations, and corporate partners.
- The CSAR received $1,000,000 toward its goal of establishing an operational endowment.

Goal 5: RESEARCH: Increase the Center for the Study of Addiction and Recovery’s participation in research that impacts the way addiction is viewed from the individual, familial, and societal perspective.

- The CSAR began the Collegiate Recovery Community Research Consortium to collect national, longitudinal data from recovering students participating in Collegiate Recovery Communities on campuses of higher education. This consortium consists of seven schools from five states.
- Faculty and staff affiliated with the CSAR drafted a textbook on addictive disorders that was piloted in all sections of ADRS 2310 in the Spring 2008 semester.
- The CSAR received a federal contract from the U.S. Department of Health and Human Services to host the Best Practices in Recovery Support for Higher Education Conference on the TTU campus in November of 2009.
Section 2. Universal Quantitative Data

There are no Universal Quantitative Data for this area/unit.
Section 3a. Quantitative Information

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There is No Area Specific Data in Fall Section.
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Section 3b. Qualitative Information.

- The CSAR continued its work with other institutions of higher education by consulting on the implementation of recovery support programs on university campuses. The CSAR is currently working with the University of Alabama, the University of Mississippi, several schools in the University of California system, and Ohio University.

- Faculty and staff affiliated with the CSAR presented at the following conferences: the Texas Association of Marriage and Family Therapy, the Solution Focused-Brief Therapy Association Conference, the National Association of Alcohol and Drug Addiction Counselors, and the Society for Research in Identity Formation.

- Faculty and staff affiliated with the CSAR serve on the boards of the following organizations: The Texas Association of Student Assistance Professionals, the United Way Children and Youth Advocacy Board, the Lubbock Legal Aid Society, the Association of Recovery Schools Board of Directors, the Lubbock National Bank Board, the Talkington Foundation Board, the Lubbock County Specialty Courts Board, and the Lubbock Foundation for Young Women Leaders Board.

- The CSAR in collaboration with the Department of Applied and Professional Studies began a new Master’s degree certification program in addiction counseling which complements a License in Marriage and Family Therapy.

- Through collaborative efforts with the Ranch at Dove Tree, the CSAR created an residential substance dependency treatment program for young adults.

- Dr. Kitty Harris, Director of the CSAR, received the Distinguished Service Award from the Texas Tech Alumni Association.
Commentary:

Enrollment in the CSAR increased slightly in the 2008-2009 academic year. Last year’s implementation planning successfully increased student GPA to 3.2. While this is up from the 2007-2008 academic year, it has not yet reached levels achieved in years prior to 2007. Operational and scholarship funding has increased with the CSAR receiving an initial contribution toward endowing the operations budget. The CSAR is now awarding scholarship to over 50% of its undergraduate participants and has recently increased its scholarship awards to graduate students. CSAR research efforts have increased with the development of multi-site collaborative research efforts between the CSAR and other institutions of higher education that are replicating the CSAR’s College Recovery Community model. In addition, the CSAR published four papers in peer-reviewed journals addressing the recovery experience of college campuses for students. There are no degree programs or student learning outcomes associated with the CSAR. The CSAR remains committed to its goals of supporting recovering students on the TTU campus through responsible stewardship and meaningful research.

Implementation Plan:

The CSAR implementation plan includes the following: 1) Generate a revised strategic plan for 2009. The CSAR is consistently meeting goals and objectives outlined in its current strategic plan. Revisions should focus on growth in the CSAR’s research programs, continued emphasis on student support, and outreach to other institutions of higher education who are interested in developing recovery support programs for students on their campuses. 2) Continue to improve on student support for Academic Excellence. While the CSAR saw an increase in GPA from 2007 to 2008, the average GPA of current students is still less than the CSAR historic average. 3) Increase efforts at obtaining operational funding through endowments. It is important for the CSAR to use the momentum gained from the initial contribution toward this goal to leverage additional dollars.